

Public Health Division Family Health

County of Santa Cruz

HEALTH SERVICES AGENCY

POST OFFICE BOX 962, 1060 EMELINE AVE., SANTA CRUZ, CA 95061 TELEPHONE: (831) 454-4339 FAX: (831) 454-5049 TDD: Call 711

Grief, Loss and Sudden Infant Death Syndrome (SIDS)*Resource List

First Candle

https://firstcandle.org/

Online support groups: https://firstcandle.org/online-support-groups/#top

GriefNet

http://www.griefnet.org/

Online support. For more information visit them on the web.

Hand of the Bay Area (Web-based materials and one-one peer support available in Spanish).

https://handsupport.org/

Grief support meetings held in Santa Cruz. For information call: 831-438-4513

Hospice of Santa Cruz County (Services Available in English/ Spanish)

https://www.hospicesantacruz.org/grief-support/

Offers grief support for adults, youth, and families. Call: 831-430-3000 or email griefsupport@hospicesantacruz.org

Jacob's Heart

https://www.jacobsheart.org/

Individual and group counseling services. Call: 831-724-9100

SHARE (Services Available in English/ Spanish)

http://nationalshare.org/

Pregnancy and infant loss support. Phone: (800) 821-6819 or Email: <u>info@nationalshare.org</u>

SIDS Alliance of Northern California (First Candle /SIDS Alliance Affiliate)

Facebook groups available. No in-person support groups. For more info, email to: <u>info@sidsnc.org</u>

SIDS America

http://www.sidsamerica.org/

Faith-based support/resources for bereaved parents of SIDS infants.

*Individuals and organizations listed here are provided for informational purposes only. We hope that this list will help to facilitate connection to supportive services. The County of Santa Cruz does not endorse or guarantee the quality of services of these listed individuals or organizations.



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SIDS Network (Translation on web- Spanish, French, German, Italian, & Portuguese)

http://www.sids-network.org/

Information on SIDS, SIDs research, and SIDS resources.

Star Legacy Foundation

https://starlegacyfoundation.org/

Information, peer support and online support groups for families experiencing pregnancy loss, stillbirth, or pregnancy after a loss. 952.715.7731; ext. 1

The Compassionate Friends of Santa Cruz County

http://www.tcfsantacruz.com/

Offers in-person and virtual support groups. Call for more latest information. Phone: 831-332-9893 E-mail: <u>tcfsantacruz@gmail.com</u> Facebook: <u>www.facebook.com/TCFUSA</u>

Twin Lakes Church

http://www.tlc.org/

Faith-based grief support groups. Phone: (831) 465-3368 or Email for grief support: <u>Care@tlc.org</u>

Funeral Services and Support

Aeron's Foundation (Services Available in English/ Spanish)

https://www.aeronsfoundation.org/

A nonprofit organization to help SIDS parent by funding funeral costs for newly bereaved families, and for promoting SIDS awareness.

Ave Maria Memorial Chapel

www.avemariamemorialchapel.com

Contact to verify services meet your needs. Phone: 724-4751

Benito and Azzaro

https://pacificgardenschapel.com/

Specializing in services for child loss. Contact to verify services meet your needs. Phone: (831) 515-6661

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Mehl's Colonial Chapel

www.mehlschapel.com

Contact to verify services meet your needs. Phone: 724-6371

Oakwood Memorial Chapel

www.scmemorial.com Contact to verify services meet your needs. Phone: 475-2464

Santa Cruz Memorial

http://www.scmemorial.com/

Memorial planning and grief resources. Contact to verify services meet your needs. Phone: (831) 426-1601 (For Spanish call: 831-588-5389) or Email: <u>info@scmemorial.com</u>

Santa Cruz Watsonville Cremation and Burial Services

https://cremationsantacruz.com/?_vsrefdom=gmb

Specializing in services for child loss. Contact to verify services meet your needs. Phone: (831) 200-8428

Tulip

https://www.tulipcremation.com/

Cremation services. Contact to verify services meets your needs. Phone: (844) 942-4909

Helplines

Postpartum Support International (Available in English/ Spanish)

www.postpartum.net

Online support groups, 24/7 warmline, and online listing of counseling providers who specialize in maternal wellness. Call: 1-800-944 4773 Text: 503- 894- 9453 (Eng.) Text: 971- 420-0294 (Span)

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