HOPES Team Model Mental Health Advisory Board Meeting

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Director
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HOPES Team Model Goal



What We Do

- Stabilize the community's most vulnerable
 - Primarily homeless
 - Mental illness and/or substance use disorder
 - Frequent contact with law enforcement, the public or local businesses
 - Those having difficulty engaging in services

How We Do It

- Early and open referral
- Intensive monitoring and engagement
- Triage and coordinated access to existing programs and services

Where We Do It

• Funded jointly by the City and the County, the HOPES model is county-wide, but with an emphasis on most impacted areas, such as downtown



The HOPES Team Model Design

Multidisciplinary Team (MDT) Approach

- Optimizes existing county and contract provider resources with an integrated MDT. HOPES core MDT Members are:
 - Homeless Persons Health Project (HPHP)
 - County Behavioral Health
 - Adult Mental Health Services
 - Substance Use Disorder Services
 - Downtown Outreach Workers (DOW)
 - Mobile Emergency Response Team (MERT)
 - Veterans Advocate
 - Behavioral Health Court Liaison
 - Homeless Policy Steering Committee
 - Human Services Department

Underlying Principles in Developing the HOPES Model...



- Prior to HOPES, there were several homeless serving organizations in Santa Cruz County, but were operating independently of each other.
- The services an individual would have access to were often dependent on which homeless serving organization had initial contact with the client.
- The HOPES model seeks to integrate care, and ensure a coordinated response to services, that are based on the needs of the client and not how they enter into services.

Underlying Principles in Developing the HOPES Model...continued



- The HOPES model is intended to be responsive and supportive to the community as and equal partner and customer.
- The HOPES program was established to utilize existing funding (no new funding), to operate primarily M-F, 8-5, with the availability of some evening and weekend hours as well.
- HOPES supports a no wrong door model to care- if an individual referred is determined not to be homeless, the team will still support the individual in connecting to them to services.





*The HOPES Team began operations on March 12, 2018

Jasmine Najera is the HOPES Team Manager. Jasmine is a Behavioral Health Manager with extensive experience working with this population, and reports to the Director of Adult Services, Pam Rogers-Wyman.



Referral Process

Current:

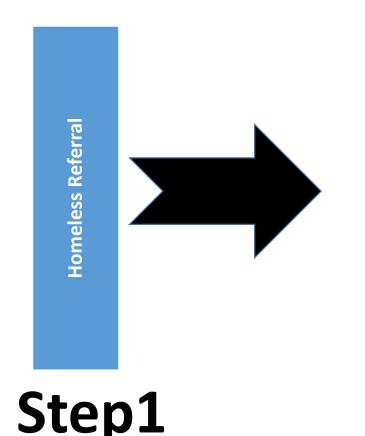
- MDT members case conference 3X week on all individuals in partner systems being monitored and targeted for engagement.
- Community referrals are made through a dedicated and confidential email portal <u>HopesTeam@santacruzcounty.us</u> which is available to any member of the community.
 - The referring individual will receive an automated response acknowledging receipt of the referral, and outlining next steps and crisis services available.
- HOPES Team members coordinates with law enforcement activity, jail staff, and community partners

Next Steps:

■ The Homeless Person's Health Project (HPHP) is recruiting for a public health nurse who will take referrals and provide medical triage.

HOPES Model

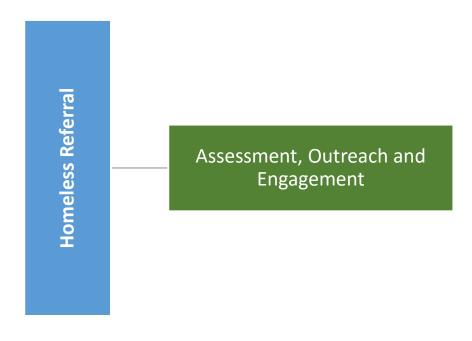
HOPES Referral, and Assessment Model



Initial Triage:

- 1. By HOPES Team member
- 2. Determine response levelimmediate crisis response vs. referral to the team

HOPES Referral, and Assessment Model



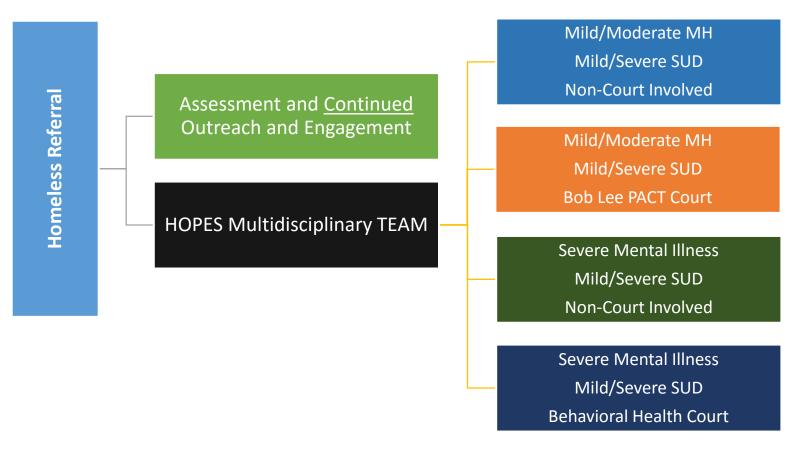
Step 1 Step 2

Assessment:

- 1. Triage by HOPES staff with a referral to the team to develop a referral path
- 2. Inclusive of: health, mental health, substance use disorder, need for hospitalization and/or shelter services

- Based on a Stages of Change Model
- 2. Introduce Harm Reduction approach
- 3. Treatment readiness
- 4. Engage to support action to treatment or for difficult to engage individuals, continued assessment and outreach

HOPES Referral, and Assessment Model



Program Assignment:

- 1. Engagement with HOPES team MDT.
- 2. HOPES Team, based on severity of mental illness or Substance Use Disorder, and Court Involvement, refers and connects the individual to the appropriate program.
- 3. Individuals not ready for treatment are assigned to HOPES and continued work in the community with the case manager with review at 3X week team meetings.

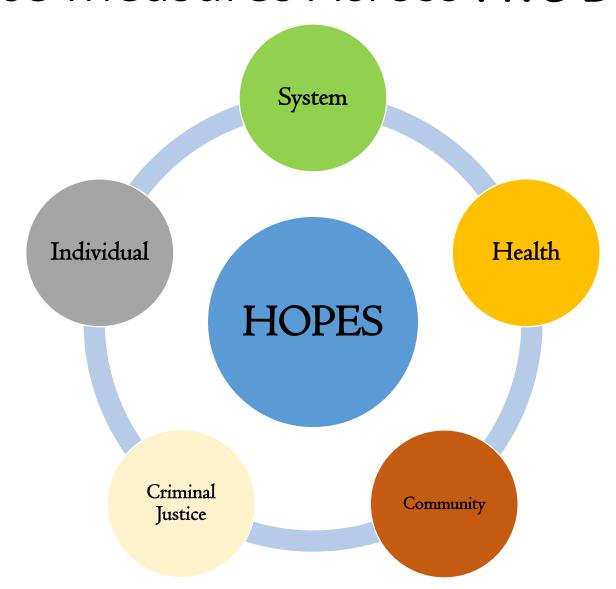
Step 1 Step 2

Step 3

Proposed Performance Measures



Performance Measures Across Five Domains



5 Domains Inform 5 Outcome Areas *

- 1. Housing Status and Stability
- 2. Public Service Use and Cost
- 3. Substance Use
- 4. Mental Health
- 5. Quality of Life (inclusive of Community Impact)

^{*} Outcome evaluation plan to be developed through contract with outside evaluator





PHASE I – Establish Baseline Data, through December 2018

- Challenge: client data is located in multiple sources; inability to link different databases,
- Solution: use of a client registry to run individual reports off each database.
- The registry will note the location of the client for report generation by geographical area:
 - Emeline
 - Downtown Santa Cruz
 - Harvey West
 - Watsonville
 - Live Oak
 - Aptos
 - Other areas as needed
- Establish baseline data

PHASE II - Develop Outcome Evaluation Plan, Projected start January 2019

- CrossTx Platform, a patient dashboard of data from patient health records and any CrossTx partner, including HOPES.
- CrossTx a necessary tool for reporting measures and indicators towards 5 Outcomes areas
- Establish targets towards outcome areas using baseline data





- 1. System Measures: 7 proposed measures
- 2. Individual: 8 proposed measures
- 3. Health: 8 proposed measures
- 4. Criminal Justice: 8 proposed measures
- 5. Community: 2 proposed measures



Performance Measures-Individual

Phase 1:

- 1. % of individuals who came into services with no benefits and subsequently began receiving benefits
- 2. % of individuals who experienced an increase/decrease in arrests/or citations
- 3. % of individuals whose housing condition was upgraded (or downgraded) during the past month
- 4. Length of stay for individuals in permanent housing as a % of days
- 5. % of individuals reunited with their home support system (ex. Homeward Bound Program)
- 6. # of 5150 evaluations performed
- 7. Jail Days (pre and post) intervention (annual count)



Phase 2:

1. % of clients who came into services without employment and subsequently began employment including volunteer work



Performance Measures- Health

Phase 1:

- 1. % of individuals who had a minimum of at least 1 primary care visit for preventative care during the year
- 2. % of individuals who had a recommended vaccination during the year
- 3. % of individuals referred to mental health treatment who engaged (or withdrew) in treatment
- 4. % of individuals referred to substance use disorder treatment who engaged (or withdrew) in treatment



Performance Measures- Health, continued

Phase 2:

- 1. % of individuals who have no health home and % of individuals who had no health home but added a health home
- 2. Psychiatric Hospital bed days: 6-months prior and 6-months post
- Medical Inpatient Hospital bed days: 6-months prior and 6-months post
- 4. ED Visits: 6-months prior and 6-months post



Performance Measures- Criminal Justice

Phase 1:

- 1. # of individuals referred to the PACT Court
- 2. % of individuals accepted into the PACT Court
- 3. # of individuals referred to the BH Court
- 4. % of individuals accepted in the BH Court
- % of individuals who completed the PACT treatment recommendations and have graduated (or withdrew) from the PACT Court
- 6. % of individuals who have completed the BH Court recommendations and who have graduated (or withdrew) from the BH Court





Phase 2:

- 1. Jail days: 6-months prior and 6-months post-running average
- 2. Arrests and Citations: 6-months prior and 6-months post- running average



Performance Measures- Community

Phase 1:

1. Downtown business satisfaction survey

Phase 2:

1. GIS Hotspot map by homeless contact

Key Statistics to Date: 1rst 8-weeks of operation



113 referrals

-62% of those referrals engaged in services or accepting of outreach.

-other 38% are unwilling to have continued contact, in an unknown location, but are continued to be outreached when they are located.



Next Steps

■HSA returning to the Board of Supervisors to provide a cost estimate on an evaluation component for the proposed outcomes measures in October.