Access to Care: Follow-up Appointment Post-Hospitalization

Introduction

Timely follow-up post hospitalization is a critical factor in reducing readmissions to the hospital, and connecting clients and families with aftercare to ensure the best outcomes.

- The County has a standard of a psychiatric visit occurring within 7 days of discharge from hospitalization.
- The County tracks compliance with our own standard which conforms to HEDIS* quality standards.

Results



<u>Description:</u> A follow-up appointment within 7 days of discharge from a psychiatric in-patient hospitalization ensures that the individual continues their recovery and is connected to treatment. The benchmark for this measure is 75%. <u>Frequency:</u> Reported quarterly, available approximately 4 weeks after the end of each quarter.

<u>Calculation:</u> Numerator: All Medi-Cal beneficiaries (& unbenefited) who received follow-up appointments within 7 days

Denominator: All Medi-Cal beneficiaries (& unbenefited) discharged from a psychiatric hospitalization

Adults: FY16-17 N=148/D=411 Compliance Rate 36%; FY17-18 N=177/D=520 Compliance Rate 34%

Youth: FY16-17 N=29/D=58 Compliance Rate 50%; FY17-18 N=30/D=83 Compliance Rate 36%

Data Source: Post Hospitalization: Avatar, admission/discharge data from hospital in TAR entry, Query for first psychiatrist appt.

Note: Children more often receive aftercare from clinician rather than psychiatrist.

*HEDIS stands for Healthcare Effectiveness Data & Information Set which is maintained by National Committee for Quality Assurance.