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Santa Cruz County

## 2008



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## INTRODUCTION

This report characterizes data on live births in 2008 and has been compiled by the Public Health Department's Maternal, Child and Adolescent Health (MCAH) Program using birth certificates filed in Santa Cruz County. Most of the data in this report pertain strictly to residents of the county. Tables and figures either refer to RESIDENCE (mothers who live in Santa Cruz County regardless of where they delivered) or the combination of both RESIDENCE and OCCURRENCE (mothers who delivered in Santa Cruz County regardless of where they normally reside).

In this report, adequacy of prenatal care is measured using the Kotelchuck Index--also called the Adequacy of Prenatal Care Utilization (APNCU) Index. The measure uses two crucial elements obtained from birth certificate data--when prenatal care began and the number of prenatal visits from when prenatal care began until delivery. For describing a persons residence, "Mid-County" is defined as: Aptos, Capitola and Soquel; "Santa Cruz" includes: Bonny Doon, Davenport, Live Oak and Santa Cruz; and "South County" includes: Aromas, Corralitos, Freedom, La Selva Beach, Royal Oaks, and Watsonville. Also note that when viewing race/ethnicity data, all categories (aside from Hispanic) are referring to non-Hispanic race groups-for example, White is the same as non-Hispanic White.

The authors have attempted to organize and format the information to be useful to the community for analyses and planning. For additional data requests, please use the contact info listed below. All the data in this report, unless otherwise noted, are from the Santa Cruz County Automatic Vital Statistics System, accessed in 2009 and analyzed using Cal Birth Information System. The data in this report should be considered provisional.

## Key findings in this report:

- In 2008, there 3,526 live births among mothers who reside in Santa Cruz County. An additional 425 births occurred in Santa Cruz County to mothers who are residents of other counties. The majority ( $76 \%$ ) of births from out-of-county residents were to mothers who lived in Monterey County.
- Teen births (as a percentage of overall births) held steady in 2008 at $8.5 \%$ of all births following a steady decline from a high of $11 \%$ in 1998.
- $52 \%$ of deliveries were funded by Medi-Cal, a slight increase from $50 \%$ in 2007.


For comments, questions or data requests, please contact:
Jessica Oltmanns, MPH
Jessica.Oltmanns@co.santa-cruz.ca.us; (831) 454 - 4647


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## 1. DEMOGRAPHICS

The California Department of Finance estimated the total population in Santa Cruz County to be 265,578 residents in 2008. ${ }^{1}$ By California standards, Santa Cruz is a mid-sized population county, ranking $24^{\text {th }}$ largest among California's 58 counties in $2006^{2}$.

## GENDER \& AGE

Nearly equal numbers of males and females reside in Santa Cruz County, with slightly more females than males - especially in older age groups. The largest percentage of residents is to persons between the ages of 20 and 44 . There area also a couple of interesting peaks among college-aged persons (ages 18 to 22) and persons ages 26 to 30 (possibly post graduate students). These peaks are probably due to the local university.

## ETHNICITY \& RACE

Over $90 \%$ of the county's population is either White (57\%) or Hispanic (34\%). ${ }^{1}$ The remaining groups account for much smaller fractions of the population: Asians and Pacific Islanders (5\%), Blacks (1\%), and Native Americans (less than $1 \%$ ). Although more than $64 \%$ of the county's population over 18 years old are White and fewer than $28 \%$ are Hispanic, approximately half the births in the county are to Hispanics. ${ }^{3}$ Children make up a larger proportion of the Hispanic population than of the White population, and this difference continues through every age group under 40. Conversely, every age group over 40 contains a larger proportion of the White population than of the Hispanic population.

Table 1.1: Demographics, Santa Cruz County Residents, 2008


[^0]Figure 1.1: Age Distrubution among White and Hispanic Residents, Santa Cruz County, 2008


Source: State of California, Dept. of Finance projections.

Sources

1. State of California, Department of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2050. Sacramento, CA, July 2007.
2. "California County Rankings by Size, Numeric and Percent Change: July 1, 2006 -July 1, 2007." Research and Demographics Unit. California Department of Finance. 5 Jun 2008 http://www.dof.ca.gov/HTML/DEMOGRAP/ReportsPapers/documents/Ranking\ Reports\ Jul07.xls
3. "State and County Data Tables." County and City Data Book: 2007. 28 Feb 2008. U.S. Census Bureau. 5 Jun 2008 http://www.census.gov/statab/ccdb/cc07_tabB1.pdf
4. U.S. Census Bureau; "ACS Demographic and Housing Estimates: 2006"; American FactFinder; [http://factfinder.census.gov](http://factfinder.census.gov); (15 July 2008).

## 2. KEY HEALTH OUTCOMES

## AGE OF MOTHER

As shown in the Figure 2.1, 39\% of teens (19 and under) received less than adequate prenatal care (PNC) compared to $26 \%$ and $21 \%$ of mothers $20-34$ and 35 and over, respectively. It is also interesting to see the higher proportions of low birth weight deliveries among teens and women 35 and over compared to mother's ages 20-34.

Figure 2.1: Selected MCH Outcomes by Mother's Age Group, Santa Cruz County Residents, 2008



## 2. KEY HEALTH OUTCOMES (CONT)

## MOTHER'S EDUCATION

Among mothers (ages 25 and over), approximately $3 \%$ do not have a high school diploma or it's equivalent (i.e. GED). Of those mothers, more than half received less than adequate prenatal care. It is interesting to see the educational gradient of both less than adequate prenatal care and for low birth weight. When looking at preterm births, the percentage among mothers with a less than $12^{\text {th }}$ grade education is nearly twice that of their more educated counterparts.

Figure 2.3: Selected MCH Outcomes by Mother's ( $\geq 25$ yrs) Education Status, Santa Cruz County Residents,



## 3. SANTA CRUZ COUNTY BIRTHS BY RESIDENCE

TABLE 3.1: Characteristics of Births by Mother's Age Group, 2008

|  | AGE of MOTHER (years) |  |  |  |  |  |  |  |  |  | TOTAL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 17 and | nder | 18-19 |  | 20-24 |  | 25-34 |  | 35 and Over |  | \# | \% |
| RACE/ETHNICITY |  |  |  |  |  |  |  |  |  |  |  |  |
| Asian/PI* | 0 | 0\% | 1 | 0\% | 12 | 2\% | 49 | 3\% | 34 | 5\% | 96 | 3\% |
| Black | 1 | 1\% | 4 | 2\% | 4 | 1\% | 8 | 0\% | 5 | 1\% | 22 | 1\% |
| Hispanic | 95 | 95\% | 172 | 85\% | 553 | 80\% | 1,010 | 56\% | 256 | 39\% | 2,086 | 60\% |
| White | 4 | 4\% | 24 | 12\% | 123 | 18\% | 722 | 40\% | 355 | 54\% | 1,228 | 36\% |
| Other | 0 | 0\% | 2 | 1\% | 2 | 0\% | 18 | 1\% | 5 | 1\% | 27 | 1\% |
| AREA of RESIDENCE |  |  |  |  |  |  |  |  |  |  |  |  |
| Mid-County | 1 | 1\% | 13 | 6\% | 43 | 6\% | 206 | 11\% | 116 | 17\% | 379 | 11\% |
| San Lorenzo Valley | 0 | 0\% | 8 | 4\% | 34 | 5\% | 149 | 8\% | 77 | 11\% | 268 | 8\% |
| Santa Cruz | 9 | 9\% | 27 | 13\% | 120 | 17\% | 529 | 29\% | 214 | 32\% | 899 | 26\% |
| Scotts Valley | 1 | 1\% | 1 | 0.5\% | 7 | 1\% | 70 | 4\% | 36 | 5\% | 115 | 3\% |
| South County | 90 | 89\% | 154 | 76\% | 496 | 71\% | 893 | 48\% | 230 | 34\% | 1,863 | 53\% |
| PARITY |  |  |  |  |  |  |  |  |  |  |  |  |
| 1st Child | 94 | 93\% | 167 | 82\% | 366 | 52\% | 609 | 33\% | 173 | 26\% | 1,409 | 40\% |
| 2nd-3rd Child | 7 | 7\% | 35 | 17\% | 299 | 43\% | 1,018 | 55\% | 368 | 55\% | 1,727 | 49\% |
| 4th+ Child | 0 | 0\% | 1 | 0.5\% | 33 | 5\% | 215 | 12\% | 131 | 19\% | 380 | 11\% |
| PRENATAL CARE |  |  |  |  |  |  |  |  |  |  |  |  |
| Early (1st Trimester) | 52 | 54\% | 127 | 64\% | 482 | 71\% | 1,484 | 83\% | 581 | 88\% | 2,726 | 80\% |
| Late (>1st Trimester) | 44 | 45\% | 71 | 36\% | 195 | 29\% | 291 | 16\% | 76 | 12\% | 677 | 20\% |
| Adequate/Adequate+ | 57 | 57\% | 128 | 63\% | 473 | 68\% | 1,410 | 76\% | 532 | 79\% | 2,600 | 74\% |
| Less than Adequate | 43 | 43\% | 75 | 37\% | 225 | 32\% | 434 | 24\% | 141 | 21\% | 918 | 26\% |
| Early \& Adequate | 43 | 44\% | 108 | 55\% | 409 | 60\% | 1,298 | 73\% | 505 | 77\% | 2,363 | 67\% |
| None | 1 | 1\% | 0 | 0\% | 2 | 0.3\% | 4 | 0.2\% | 1 | 0.2\% | 8 | 0.2\% |
| BIRTH OUTCOMES |  |  |  |  |  |  |  |  |  |  |  |  |
| VLBW (<2.5 lbs)^ | 0 | 0\% | 1 | 0.5\% | 5 | 1\% | 11 | 1\% | 8 | 1\% | 25 | 1\% |
| LBW (<5.5 lbs) | 8 | 8\% | 12 | 6\% | 30 | 4\% | 57 | 3\% | 48 | 8\% | 155 | 5\% |
| < 32 weeks gest. | 2 | 2\% | 1 | 0.5\% | 7 | 1\% | 21 | 1\% | 9 | 1\% | 40 | 1\% |
| 32-36 weeks gest. | 7 | 7\% | 10 | 5\% | 46 | 7\% | 118 | 6\% | 64 | 9\% | 245 | 7\% |
| DELIVERY METHOD |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary C | 14 | 14\% | 23 | 11\% | 97 | 14\% | 261 | 14\% | 128 | 19\% | 523 | 15\% |
| Repeat C | 2 | 2\% | 4 | 2\% | 63 | 9\% | 240 | 13\% | 124 | 18\% | 433 | 12\% |
| Vaginal | 83 | 82\% | 166 | 82\% | 503 | 72\% | 1252 | 68\% | 384 | 57\% | 2,388 | 68\% |
| VBAC ${ }^{1}$ | 0 | 0\% | 0 | 0\% | 3 | 0.4\% | 24 | 1\% | 10 | 1\% | 37 | 1\% |
| Vaginal (assisted) | 2 | 2\% | 10 | 5\% | 34 | 5\% | 71 | 4\% | 28 | 4\% | 145 | 4\% |
| PAYMENT OF DELIVERY |  |  |  |  |  |  |  |  |  |  |  |  |
| Medi-Cal | 82 | 81\% | 173 | 85\% | 541 | 78\% | 822 | 45\% | 195 | 29\% | 1,813 | 52\% |
| Private Insurance | 14 | 14\% | 25 | 12\% | 147 | 21\% | 985 | 53\% | 458 | 68\% | 1,629 | 46\% |
| Other | 1 | 1\% | 0 | 0\% | 1 | 0.1\% | 6 | 0.3\% | 5 | 1\% | 13 | 0.4\% |
| No Insurance | 4 | 4\% | 5 | 2\% | 9 | 1\% | 32 | 2\% | 14 | 2\% | 64 | 2\% |
| TOTAL | 101 | 3\% | 203 | 6\% | 700 | 20\% | 1,848 | 52\% | 674 | 19\% | 3,526 | 100\% |

*PI: Pacific Islander; "Other" race/ethnicity includes Native Americans, mixed races and other groups not listed; ^ (LBW) Low birth weight includes (VLBW) very low birth weight; both counts exclude the 110 multiple births. ${ }^{1}$ VBAC: Vaginal birth after C-section

Note: In all row groupings aside from "Birth Outcomes," totals that do not add up to the bottom row are due to missing data. Percentages are calculated out of total known. For "Birth Outcomes," it is correct to assume that if births are not listed in this section, they were neither low birth weight nor gestation < 37 weeks. Also, TOTAL row \%'s are out of the overall total -- for example, $20 \%$ of mothers were ages 20-24.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. Analyzed using Cal Birth Information System.

## AGE

As may be expected, the majority ( $72 \%$ ) of births occur to mothers between ages 20 to 34 , with the largest number ( $\mathrm{n}=985$ ) among women 25 to 29 years old. However, when looking at the number of births per population, the fertility rate, it's highest among mothers between ages 30 to 34 at 102.3 births per 1,000 population since there are fewer residents in that age range.

Table 4.1: Mother's Age Group and Fertility Rate, Santa Cruz County Residents, 2008.

| Mother's Age <br> Group | \# | \% of <br> all Births | Fertility Rate <br> per 1,000 <br> Population |
| :---: | ---: | ---: | ---: |
| <15 | 2 | $0.1 \%$ | NA |
| $15-17$ | 99 | $3 \%$ | 21.1 |
| $18-19$ | 203 | $6 \%$ | 46.5 |
| $20-24$ | 700 | $20 \%$ | 64.6 |
| $25-29$ | 985 | $28 \%$ | 88.1 |
| $30-34$ | 863 | $24 \%$ | 102.3 |
| $35-39$ | 514 | $15 \%$ | 57.5 |
| $40-44$ | 150 | $4 \%$ | 14.4 |
| $45+$ | 10 | $0.3 \%$ | NA |
| TOTAL | 3,562 | $100 \%$ | 59.8 |

Note: Fertility rates are calculated by dividing the total number of births to females within a group by the total female population in that group. Rates for females under age 15 and individuals 45 and over are not shown, as the fertility rate is subject to large statistical variation in these groups. The TOTAL fertility rate in this table is also known as the "general fertility rate". It is the number of births to individuals ages 15-44 divided by the total female population ages 15-44.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. 2008 Estimated Population data provided by State of California, Department of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2050. Sacramento, CA, July 2007.

Healthy People 2010 Objective: Reduce pregnancies among adolescent females (age 15-17) to 43 per 1,000 population.


Figure 4.2: Fertility Rate by Mother's Age Group, Santa Cruz County Residents, 2008


## RACE / ETHNICITY

Although Hispanics make up $34 \%$ of the county population, they make up $60 \%$ of the total county births. Whereas non-Hispanic whites make up $57 \%$ of the population, yet only $36 \%$ of births. This trend can also be seen by comparing fertility rates with 96.6 births per 1,000 Hispanic women ages 15-44 compared to 38.3 births per 1,000 non-Hispanic white women ages 15-44.

Table 4.2: Mother's Race/Ethnicity and Fertility Rate, Santa Cruz County Residents, 2008

| Mother's <br> Race/Ethnicity | \# | \% of <br> all Births | Fertility Rate <br> per 1,000 <br> Population |
| :---: | ---: | ---: | ---: |
| Asian/PI* | 96 | $2.8 \%$ |  |
| Black | 22 | $0.6 \%$ | 27.0 |
| Hispanic | 2,086 | $60.3 \%$ | 41.7 |
| Other | 27 | $0.8 \%$ | 96.6 |
| White | 1,228 | $35.5 \%$ | 19.9 |
| TOTAL | $\mathbf{3 , 5 2 6}$ | $\mathbf{1 0 0 . 0 \%}$ | 38.3 |

[^1]Note: There are 67 mothers for whom race/ethnicity is unknown. "Fertility Rates" are calculated by dividing the total number of births to females within a group by the total "fertile" female population (ages $15-44$ ) in each group.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. 2008 Estimated Population data provided by State of California, Department of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2050. Sacramento, CA, July 2007.

Figure 4.3: Percent of Births by Mother's Race/Ethnicity, Santa Cruz County Residents, 2008


Figure 4.4: Fertility Rate by Mother's Race/Ethnicity, Santa Cruz County Residents, 2008


## 5. MOTHER'S WEIGHT GAIN AND SMOKING STATUS

In 2009, the Institute of Medicine and the National Research Council released a report recommending new guidelines for weight gain during pregnancy. The report updates guidelines that were last set in 1990 and takes into account changing US demographics, particularly the increase in the numbers of women of childbearing age who are overweight and obese. The new guidelines are based on World Health Organization cutoff points for body mass index (BMI) categories, unlike the earlier guidelines, which were based on weight categories taken from the Metropolitan Life Insurance tables. They also recommend a more narrow range of weight gain for obese women.

The recommended weight gain for each category of pre-pregnancy BMI is as follows:

- Underweight ( $<18.5 \mathrm{~kg} / \mathrm{m}^{2}$ ); total weight gain range: 28 to 40 pounds
- Normal weight ( $18.5-24.9 \mathrm{~kg} / \mathrm{m}^{2}$ ); total weight gain range: 25 to 35 pounds
- Overweight ( $25.0-29.9 \mathrm{~kg} / \mathrm{m}^{2}$ ); total weight gain range: 15 to 25 pounds
- Obese ( $\geq 30.0 \mathrm{~kg} / \mathrm{m}^{2}$ ); total weight gain range: 11 to 20 pounds


Smoking status was added to the birth certificate data in 2008. The number of the mothers who reported they smoked decreased each trimester from 81 to 26 by the third trimester.

TABLE 5.2: Mother's Smoking Status During Pregnancy

| Mother's Smoking Status | 3 Months <br> Before <br> Conception |  | During 1st <br> Trimester |  | During 2nd <br> Trimester |  | During 3rd <br> Trimester |  |
| :---: | ---: | :---: | ---: | :---: | :---: | :---: | :---: | :---: |
|  | $\#$ | $\%$ | $\#$ | $\%$ | $\#$ | $\%$ | $\#$ | $\%$ |
| Smoked at least 1 cigarette per day |  |  |  |  |  |  |  |  |
| Yes | 81 | $2.3 \%$ | 44 | $1.3 \%$ | 30 | $0.9 \%$ | 26 | $0.8 \%$ |
| No | 3,380 | $97.7 \%$ | 3,419 | $98.7 \%$ | 3,433 | $99.1 \%$ | 3,438 | $99.2 \%$ |
| TOTAL | 3,461 | $100 \%$ | 3,463 | $100 \%$ | 3,463 | $100 \%$ | 3,464 | $100 \%$ |

[^2]
## 6. 4P's Plus Perinatal Screening

The 4Ps Plus is an evidence-based prenatal substance use risk screening tool being adopted nationally by medical practitioners to improve quality of care. MCAH has worked successfully with 8 local prenatal care provider groups to integrate 4 P's Plus into their medical practices. Approximately $63 \%$ of those screened are Medi-Cal clients. The figure below shows the percent of pregnant mothers that smoked before their known pregnancy, how many continued after the know pregnancy and the percent difference between the two. As time as gone on, there has been a greater decease in percentage, which shows the success of the tool.





## 7. FATHER'S DEMOGRAPHICS

TABLE 7.1: Characteristics of Father's by Age Group, 2008

|  | AGE of FATHER (years) |  |  |  |  |  |  |  |  |  | TOTAL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 17 and | nder | 18-19 |  | 20-24 |  | 25-34 |  | 35 and Over |  | \# | \% |
| RACE/ETHNICITY |  |  |  |  |  |  |  |  |  |  |  |  |
| Asian/PI* | 0 | 0\% | 2 | 2\% | 3 | 1\% | 34 | 2\% | 36 | 4\% | 75 | 2\% |
| Black | 0 | 0\% | 1 | 1\% | 11 | 2\% | 13 | 1\% | 20 | 2\% | 45 | 1\% |
| Hispanic | 33 | 92\% | 73 | 84\% | 435 | 86\% | 1,011 | 62\% | 395 | 40\% | 1,947 | 60\% |
| White | 2 | 6\% | 11 | 13\% | 53 | 10\% | 550 | 34\% | 533 | 54\% | 1,149 | 35\% |
| Other | 1 | 3\% | 0 | 0\% | 4 | 1\% | 21 | 1\% | 9 | 1\% | 35 | 1\% |
| AREA of RESIDENCE |  |  |  |  |  |  |  |  |  |  |  |  |
| Mid-County | 1 | 3\% | 4 | 5\% | 24 | 5\% | 176 | 11\% | 153 | 15\% | 358 | 11\% |
| San Lorenzo Valley | 0 | 0\% | 1 | 1\% | 21 | 4\% | 119 | 7\% | 117 | 11\% | 258 | 8\% |
| Santa Cruz | 6 | 17\% | 16 | 18\% | 63 | 12\% | 426 | 26\% | 337 | 33\% | 848 | 26\% |
| Scotts Valley | 0 | 0\% | 0 | 0\% | 5 | 1\% | 46 | 3\% | 62 | 6\% | 113 | 3\% |
| South County | 29 | 81\% | 67 | 76\% | 397 | 78\% | 890 | 54\% | 355 | 35\% | 1,738 | 52\% |
| EDUCATION |  |  |  |  |  |  |  |  |  |  |  |  |
| 8th Grade \& Under | 7 | 21\% | 13 | 15\% | 124 | 26\% | 186 | 24\% | 148 | 16\% | 478 | 21\% |
| Some High School | 24 | 73\% | 33 | 39\% | 117 | 24\% | 141 | 18\% | 70 | 7\% | 385 | 17\% |
| HS Diploma or GED | 2 | 6\% | 29 | 34\% | 184 | 38\% | 239 | 30\% | 190 | 20\% | 644 | 28\% |
| Some College | 0 | 0\% | 10 | 12\% | 61 | 13\% | 218 | 28\% | 527 | 56\% | 816 | 35\% |
| TOTAL | 36 | 1\% | 88 | 3\% | 510 | 15\% | 1,658 | 50\% | 1,025 | 31\% | 3,317 | 100\% |

*PI: Pacific Islander; "Other" race/ethnicity includes Native Americans, mixed races and other groups not listed.

Note: There are 209 fathers with missing age. Within each category, totals that do not add up to the bottom row are due to missing data. Percentages are calculated out of total known. Also, total row \%'s are out of the overall total known, for example, 15\% of fathers were ages 20-24.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. Analyzed using Cal Birth Information System.

## 8. BIRTHS BY RESIDENCE AND OCCURENCE

TABLE 8.1 Characteristics of Births by Location, 2008

|  | HOSPITAL / PLACE OF BIRTH |  |  |  |  |  |  |  |  |  | TOTAL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Watsonville |  | Dominican |  | Sutter |  | Non-Hospital |  | Out of County |  | \# | \% |
| AGE OF MOTHER |  |  |  |  |  |  |  |  |  |  |  |  |
| 17 and Under | 87 | 5\% | 10 | 1\% | 11 | 1\% | 0 | 0\% | 4 | 2\% | 112 | 3\% |
| 18-19 | 148 | 9\% | 42 | 4\% | 30 | 3\% | 0 | 0\% | 6 | 3\% | 226 | 6\% |
| 20-24 | 460 | 27\% | 163 | 15\% | 138 | 15\% | 3 | 5\% | 21 | 11\% | 785 | 20\% |
| 25-34 | 793 | 46\% | 589 | 55\% | 560 | 60\% | 42 | 75\% | 96 | 50\% | 2,080 | 53\% |
| 35 and Over | 224 | 13\% | 261 | 25\% | 188 | 20\% | 11 | 20\% | 64 | 34\% | 748 | 19\% |
| MOTHER'S RACE/ETHNICITY |  |  |  |  |  |  |  |  |  |  |  |  |
| Asian/PI | 19 | 1\% | 49 | 5\% | 35 | 4\% | 1 | 2\% | 5 | 3\% | 109 | 3\% |
| Black | 2 | 0\% | 5 | 0\% | 12 | 1\% | 0 | 0\% | 4 | 2\% | 23 | 1\% |
| Hispanic | 1,620 | 95\% | 401 | 39\% | 314 | 34\% | 6 | 13\% | 57 | 32\% | 2,398 | 62\% |
| White | 65 | 4\% | 563 | 55\% | 545 | 60\% | 37 | 82\% | 109 | 61\% | 1,319 | 34\% |
| Other | 6 | 0.4\% | 13 | 1\% | 7 | 1\% | 1 | 2\% | 3 | 2\% | 30 | 1\% |
| MOTHER'S EDUCATION |  |  |  |  |  |  |  |  |  |  |  |  |
| 8th Grade \& Under | 618 | 36\% | 62 | 6\% | 12 | 1\% | 0 | 0\% | 8 | 5\% | 700 | 19\% |
| Some High School | 428 | 25\% | 97 | 10\% | 41 | 5\% | 0 | 0\% | 19 | 11\% | 585 | 15\% |
| HS Diploma or GED | 394 | 23\% | 278 | 29\% | 216 | 24\% | 5 | 10\% | 31 | 18\% | 924 | 24\% |
| Some College | 270 | 16\% | 520 | 54\% | 615 | 70\% | 44 | 90\% | 119 | 67\% | 1,568 | 42\% |
| PRENATAL CARE |  |  |  |  |  |  |  |  |  |  |  |  |
| Early (1st Trimester) | 1,116 | 66\% | 926 | 93\% | 774 | 86\% | 47 | 84\% | 169 | 89\% | 3,032 | 79\% |
| Adequate/Adequate+ | 1,157 | 68\% | 755 | 71\% | 818 | 88\% | 46 | 82\% | 126 | 67\% | 2,902 | 74\% |
| Early \& Adequate | 987 | 59\% | 731 | 74\% | 749 | 83\% | 43 | 77\% | 119 | 64\% | 2,629 | 67\% |
| None | 4 | 0.2\% | 1 | 0.1\% | 1 | 0.1\% | 0 | 0\% | 3 | 2\% | 9 | 0.2\% |
| BIRTH OUTCOMES |  |  |  |  |  |  |  |  |  |  |  |  |
| VLBW (<2.5 lbs)^ | 7 | 0.4\% | 11 | 1\% | 0 | 0\% | 1 | 2\% | 15 | 8\% | 34 | 1\% |
| LBW (<5.5 lbs) | 87 | 5\% | 100 | 9\% | 15 | 2\% | 2 | 4\% | 34 | 18\% | 238 | 6\% |
| < 32 weeks gest. | 10 | 1\% | 15 | 1\% | 0 | 0\% | 1 | 2\% | 15 | 8\% | 41 | 1\% |
| 32-36 weeks gest. | 108 | 6\% | 117 | 11\% | 14 | 2\% | 0 | 0\% | 29 | 15\% | 268 | 7\% |
| METHOD OF DELIVERY |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary C | 209 | 12\% | 190 | 18\% | 131 | 14\% | 0 | 0\% | 48 | 25\% | 578 | 15\% |
| Repeat C | 279 | 16\% | 119 | 11\% | 88 | 9\% | 0 | 0\% | 26 | 14\% | 512 | 13\% |
| Vaginal | 1,183 | 69\% | 670 | 63\% | 645 | 70\% | 56 | 100\% | 110 | 58\% | 2,664 | 67\% |
| VBAC ${ }^{1}$ | 18 | 1\% | 5 | 0.5\% | 19 | 2\% | 0 | 0\% | 2 | 1\% | 44 | 1\% |
| Vaginal (assisted) | 23 | 1\% | 81 | 8\% | 44 | 5\% | 0 | 0\% | 5 | 3\% | 153 | 4\% |
| PAYMENT OF DELIVERY |  |  |  |  |  |  |  |  |  |  |  |  |
| Medi-Cal | 1,305 | 76\% | 423 | 40\% | 282 | 31\% | 2 | 4\% | 37 | 19\% | 2,049 | 52\% |
| Private Insurance | 376 | 22\% | 634 | 60\% | 633 | 69\% | 15 | 27\% | 146 | 77\% | 1,804 | 46\% |
| Other | 1 | 0.1\% | 6 | 0.6\% | 2 | 0.2\% | 0 | 0\% | 6 | 3\% | 16 | 0.4\% |
| No Insurance | 30 | 2\% | 2 | 0\% | 5 | 1\% | 38 | 69\% | 1 | 1\% | 76 | 2\% |
| TOTAL | 1,712 | 43\% | 1,065 | 27\% | 927 | 23\% | 56 | 1\% | 191 | 5\% | 3,951 | 100\% |

*PI: Pacific Islander; "Other" race/ethnicity includes Native Americans, mixed races and other groups not listed; ^ (LBW) Low birth weight includes (VLBW) very low birth weight; excludes 110 mulitple births. ${ }^{1}$ VBAC: Vaginal birth after C-section; "Other" payment of delivery includes unattended births, other/govt programs, and others not listed.

Note: One birth was delivered "in transit" and is counted as "Non-Hospital." Percentages are calculated out of total known. Also, in all row groupings aside from "Birth Outcomes" and "Prenatal Care (PNC)," totals that do not add up to the bottom total are due to missing or unknown data. For "Birth Outcomes," it is correct to assume that if births are not listed in this section, they were neither low birth weight nor gestation < 37 weeks.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. Analyzed using Cal Birth Information System.

## BIRTHS BY RESIDENCE AND OCCURRENCE (CONT.)

TABLE 8.2: Mother's Area of Residence by Location of Birth, 2008

|  | PLACE OF BIRTH |  |  |  |  |  |  |  |  |  | TOTAL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Watsonville |  | Dominican |  | Sutter |  | NonHospital |  | Out of County |  | n | \% |
| AREA of RESIDENCE: |  |  |  |  |  |  |  |  |  |  |  |  |
| SANTA CRUZ Co. | 1,435 | 84\% | 1,017 | 95\% | 829 | 89\% | 54 | 96\% | 191 | 100\% | 3,526 | 89\% |
| Mid-County | 16 | 1\% | 201 | 19\% | 147 | 16\% | 10 | 18\% | 17 | 9\% | 391 | 10\% |
| Santa Cruz Mtns. | 0 | 0\% | 115 | 11\% | 83 | 9\% | 10 | 18\% | 60 | 31\% | 268 | 7\% |
| Santa Cruz | 6 | 0.4\% | 487 | 46\% | 345 | 37\% | 30 | 54\% | 31 | 16\% | 899 | 23\% |
| Scotts Valley | 1 | 0.1\% | 56 | 5\% | 44 | 5\% | 0 | 0\% | 14 | 7\% | 115 | 3\% |
| South County | 1,412 | 82\% | 152 | 14\% | 204 | 22\% | 4 | 7\% | 69 | 36\% | 1,841 | 47\% |
| MONTEREY Co. | 239 | 14\% | 29 | 3\% | 54 | 6\% | - | - |  |  | 322 | 8\% |
| SAN BENITO Co. | 28 | 2\% | 4 | 0.4\% | 8 | 1\% | - | - | - | - | 40 | 1\% |
| SANTA CLARA Co. | 2 | 0.1\% | 7 | 1\% | 24 | 3\% | - | - | - | - | 33 | 1\% |
| Other Counties | 8 | 0.5\% | 8 | 1\% | 12 | 1\% | 2 | 4\% | - | - | 30 | 1\% |
| TOTAL | 1,712 | 43\% | 1,065 | 27\% | 927 | 23\% | 56 | 1\% | 191 | 5\% | 3,951 | 100\% |

Figure 8.1: Locations of Births, Santa Cruz County
Residents and Occurence, 2008


## 9. BIRTH OUTCOMES BY HOSPITAL

Watsonville Community Hospital continues to have the highest number of births (1,712), compared to Dominican Hospital CHW $(1,031)$ and Sutter Maternity and Surgery Center (927). Watsonville Hospital also had the highest proportion of county teen births ( 235 or $70 \%$ ), compared to Dominican ( 52 or $15 \%$ ) and Sutter (41 or 12\%).

Figure 9.1: Percentage of Low Birth Weight (LBW), Very Low Birth Weight (VLBW) and Premature Births by Hospital, Santa Cruz County Residence and Occurence, 2008.


Figure 9.2: Percentage of Births Delivered via C-Section by Hospital, Santa Cruz County Residence and Occurence, 2008


## 10. TEENS - Age 19 and Under

TABLE 10.1: Characteristics of Teenage Mothers by Age Group

|  | TEENAGE MOTHERS |  |  |  |  |  | TOTAL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 14 and Under |  | 15-17 |  | 18-19 |  | \# | \% |
| MOTHER'S RACE/ETHNICITY |  |  |  |  |  |  |  |  |
| Asian/PI* | 0 | 0\% | 0 | 0\% | 1 | 0\% | 1 | 0.3\% |
| Black | 0 | 0\% | 1 | 1\% | 4 | 2\% | 5 | 2\% |
| Hispanic | 2 | 100\% | 93 | 94\% | 172 | 85\% | 267 | 88\% |
| White | 0 | 0\% | 4 | 4\% | 24 | 12\% | 28 | 9\% |
| Other | 0 | 0\% | 0 | 0\% | 2 | 1\% | 2 | 1\% |
| AREA of RESIDENCE |  |  |  |  |  |  |  |  |
| Mid-County | 0 | 0\% | 1 | 1\% | 13 | 6\% | 14 | 5\% |
| San Lorenzo Valley | 0 | 0\% | 0 | 0\% | 8 | 4\% | 8 | 3\% |
| Santa Cruz | 0 | 0\% | 9 | 9\% | 27 | 13\% | 36 | 12\% |
| Scotts Valley | 0 | 0\% | 1 | 1\% | 1 | 0\% | 2 | 1\% |
| South County | 2 | 100\% | 88 | 89\% | 154 | 76\% | 244 | 80\% |
| PRENATAL CARE |  |  |  |  |  |  |  |  |
| Early (1st Trimester) | 0 | 0\% | 52 | 55\% | 127 | 64\% | 179 | 61\% |
| Late (>1st Trimester) | 2 | 100\% | 42 | 42\% | 71 | 35\% | 115 | 38\% |
| Adequate/Adequate + | 0 | 0\% | 57 | 58\% | 128 | 63\% | 185 | 61\% |
| Less than Adequate | 2 | 100\% | 41 | 41\% | 75 | 37\% | 116 | 38\% |
| Early \& Adequate | 0 | 0\% | 43 | 45\% | 108 | 55\% | 151 | 51\% |
| None | 0 | 0\% | 1 | 1\% | 0 | 0\% | 1 | 0.3\% |
| PARITY |  |  |  |  |  |  |  |  |
| 1st Child | 2 | 100\% | 92 | 93\% | 167 | 82\% | 261 | 86\% |
| 2nd Child | 0 | 0\% | 5 | 5\% | 29 | 14\% | 34 | 11\% |
| 3rd+ Child | 0 | 0\% | 2 | 2\% | 7 | 3\% | 9 | 3\% |
| BIRTH OUTCOMES |  |  |  |  |  |  |  |  |
| VLBW (<2.5 lbs)^ | 0 | 0\% | 0 | 0\% | 1 | 0.5\% | 1 | 0\% |
| LBW (<5.5 lbs) | 0 | 0\% | 8 | 8\% | 12 | 6\% | 20 | 7\% |
| < 32 weeks gest. | 0 | 0\% | 2 | 2\% | 1 | 0.5\% | 3 | 1\% |
| 32-36 weeks gest. | 0 | 0\% | 7 | 7\% | 10 | 5\% | 17 | 6\% |
| DELIVERY METHOD |  |  |  |  |  |  |  |  |
| Primary C | 0 | 0\% | 14 | 14\% | 23 | 11\% | 37 | 12\% |
| Repeat C | 0 | 0\% | 2 | 2\% | 4 | 2\% | 6 | 2\% |
| Vaginal | 2 | 100\% | 81 | 82\% | 166 | 82\% | 249 | 82\% |
| VBAC ${ }^{1}$ | 0 | 0\% | 0 | 0\% | 0 | 0\% | 0 | 0\% |
| Vaginal (assisted) | 0 | 0\% | 2 | 2\% | 10 | 5\% | 12 | 4\% |
| PAYMENT OF DELIVERY |  |  |  |  |  |  |  |  |
| Medi-Cal | 2 | 100\% | 80 | 81\% | 173 | 85\% | 255 | 84\% |
| Private Insurance | 0 | 0\% | 14 | 14\% | 25 | 12\% | 39 | 13\% |
| Other | 0 | 0\% | 1 | 1\% | 0 | 0\% | 1 | 0\% |
| No Insurance | 0 | 0\% | 4 | 4\% | 5 | 2\% | 9 | 3\% |
| TOTAL | 2 | 1\% | 99 | 33\% | 203 | 67\% | 304 | 100\% |

*PI = Pacific Islander; "Other" race/ethnicity includes Native Americans, mixed races and other groups not listed; ${ }^{1}$ VBAC: Vaginal birth after C-section

Note: Of the 2 teens who were " 14 and Under", one was 13 and the other 14 . In all row groupings aside from "Birth outcomes," totals that do not add up to the bottom row are due to missing data. Percentages are calculated out of total known. For "Birth Outcomes," it is correct to assume that if births are not listed in this section, they were neither low birth weight nor gestation < 37 weeks.

Source: 2008 Santa Cruz County Automatic Vital Statistics System, accessed in 2009. Analyzed using Cal Birth Information System.

## 10. TEENS - Age 19 and Under (CONT)

Although the percentage of teen births out of total births remained the same at $8.5 \%$, the rate of teen births per 1,000 population increased slightly.

Figure 10.1: Teen (Ages 15 to 19) Fertility Rate per 1,000 Population, Santa Cruz County Residents, 2000-2008


The trend chart below shows the percentage of teen births to mothers having their second (or more) child. In $2008,14.1 \%$ of teen births were to mothers having their second or third child.


## 10. TEENS - Age 19 and Under (CONT)

Table 10.2: Teen Births by Location of Residence

|  |  | Teen Births |  | Total Births |  |
| :---: | :---: | ---: | ---: | ---: | ---: |
| Mother's Area of <br> Residence | ZIP Code(s) | \# | \% | \# | $\%$ |
|  |  |  | 6 | $2 \%$ | 214 |
| Aptos | 95001,3 |  | 6 | $6 \%$ |  |
| Aromas | 95004 | 0 | $0 \%$ | 1 | $0 \%$ |
| Capitola | 95010 | 4 | $1 \%$ | 75 | $2 \%$ |
| Davenport | 95017 | 1 | $0 \%$ | 5 | $0 \%$ |
| Freedom | 95019 | 21 | $7 \%$ | 156 | $4 \%$ |
| Los Gatos | 95033 | 1 | $0 \%$ | 33 | $1 \%$ |
| San Lorenzo Valley | $95005-7,18,41$ | 7 | $2 \%$ | 235 | $7 \%$ |
| Santa Cruz | $95060-5$ | 34 | $11 \%$ | 890 | $25 \%$ |
| Scotts Valley | $95066-7$ | 3 | $1 \%$ | 119 | $3 \%$ |
| Soquel | 95073 | 4 | $1 \%$ | 90 | $3 \%$ |
| Watsonville | $95076-7$ | 223 | $73 \%$ | 1,706 | $48 \%$ |
| TOTAL |  | $\mathbf{3 0 4}$ | $\mathbf{1 0 0 \%}$ | $\mathbf{3 , 5 2 4}$ | $\mathbf{1 0 0 \%}$ |



## 11. TRENDS IN PRENATAL CARE

The percentage of mothers receiving early and adequate prenatal care in 2008 continued to decrease and is well below the Healthy People 2010 objective.


Figure 10.2: Percentage Receiving Adequate/Adequate+ Prenatal Care,* Santa Cruz County Residents, 1999-2008


## 11. TRENDS IN PRENATAL CARE (CONT.)

In 2008, $77 \%$ of the births at Watsonville Community Hospital were paid for by Medi-Cal, compared to $40 \%$ at Dominican Hospital and 30\% at Sutter Maternity. Sutter Maternity's Medi-Cal paid births increased from $25 \%$ in 2007 to $31 \%$ in 2008.

Figure 10.3: Percentage of Medi-Cal Deliveries by Hospital,
Santa Cruz County Residents, 2000-2008



[^0]:    P.I. = Pacific Islander

    Source: State of California, Department of Finance, 2008 ${ }^{1}$

[^1]:    *PI: Pacific Islander.

[^2]:    Note: This table does not include births for which mother's cigarette smoking status was unknown: 65 women for 3 mo. before conception; 63 for during 1st trimester; 63 for during 2nd trimester; and 62 for during 3rd trimester.

    Healthy People 2010 Objective: Increase abstinence from cigarette smoking to $99 \%$ or more of all pregnant women.

